**HULL 2017 AND WELLCOME DEVELOPMENT GRANTS PROGRAMME**  
**END OF PROJECT REPORT**

**GENERAL INFORMATION**

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| --- | --- |
| **PROJECT NAME:** | Gardening for Wellbeing |
| **PROJECT LEAD:** | Yvonne Black |
| **REPORT DATE:** | 04 August 2017 |

**INTRODUCTION**

Everyone who receives a grant from the Hull 2017 and Wellcome Development Grants Programme must complete this Interim Project Report.

Please refer to your Agreement, and any changes you agreed with us, when you complete this Report.

Please email this activity report to: wellcome@hull2017.co.uk

1. **INTERIM PROJECT REPORT**

Please provide a brief update (3 or 4) sentences on each of the following areas to let us know how your project is developing:

**WORKSHOP PLANNING , DEVELOPMENT TIME WITH PARTNERS AND PROJECT MANAGEMENT**

Myself and my collaborators (Jimmy – artist, and Jeannie – manager of the community garden) have met in person at the garden on 3 occasions, to discuss the development of this project. I have also met with health researcher, Dr. Judith Dyson, Senior Lecturer in Mental Health at the University of Hull, to ensure that the project is guided, where appropriate, by her expertise. We have collected information by interviewing garden users about their experiences, specifically the effects of spending time in the garden on their health and wellbeing. We have also participated in and observed gardening activities. I am now compiling a series of statements, from my notes on the interviews and my observations, and from the literature on green care and biophilia.

**COMMUNITY ENGAGEMENT**

I have distributed written information about the project at the garden, and Jimmy and I have spent time working in the garden, meeting garden users, managers, and community workers involved in arranging activities there. To each group, we have explained the purpose of our research, and introduced the idea of creating a performance piece based on experiences of using the garden for the benefit of health and wellbeing. Having interviewed garden users, I plan to return to the garden in September, to ask how statements I am compiling from my interview and observation notes, and from published literature, resonate with their own understanding of the wellbeing benefits they receive by spending time there.

**ARTIST ENAGAGEMENT**

Jimmy and I have had several meetings and discussions about our ideas for a performance piece, and I have been sharing with him my (anonymized) interview transcripts. We have shared with eachother our notes and insights on themes relevant to health and wellbeing which are emerging from interviews, observation and participation in activities. He has accompanied me to the garden on 3 occasions, and has spent time working alongside and talking with members of the garden community. Jimmy is working to develop a creative dramatization from the themes and narratives emerging from our combined research into wellbeing in the garden.

**B. MONITORING & EVALUATION REPORT**

1. **PROJECT MILESTONES – Interim Report**

**Please tell us how you are progressing with your key milestones for your project. Please insert your project specific activity milestones in the table below. These should reflect the original proposal and include any revisions to those milestones.**

**\* Examples of key milestones include, number of project team meetings, workshops/sessions held with the community and number of participants etc**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **ORIGINAL TARGET\*** | **REVISED TARGET\*** | **TOTAL\*** |
| **PROJECT VENUE/LOCATION** | | |  |
| HU1 – HU9 please specify post code area (first 3 digits) | HU6 |  |  |
| Not HU1 – HU9 |  |  |  |
| **Project Milestones/Activity** | | |  |
| Project Team Meetings | 3 | 4 |  |
| Interview/participant observation sessions with community | 0 | 6 |  |
| Number of interview participants | 10 | 10 |  |
| Actor/director workshops for performance development | 2 | 2 |  |
| Participant workshops | 2 | 0 |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**\*Original target: target(s) listed within your contract  
\*Revised target: new suggested targets now that your project planning and delivery is underway  
\*Total: final figures for the project as a whole**

**Please use the box below to include any additional information you wish to include in your interim project report. This could include additional feedback from activities to date, requests you may have for further support from the Hull 2017/Wellcome Team, requests to revise project activity etc.**

Our initial plan for engaging with the garden community in this project was to organize workshops with participants. After our initial team meeting, however, it became apparent that some members of the community might feel uncomfortable with formal meetings. Users of the garden also attend on different days, so it is difficult to guarantee that any members of the community will be present on a given day. For this reason, the nature of our engagement with the community has become a less formal one. We are using an ethnographic approach, or participant-observation model, with semi-structured interviews taking place when appropriate. Jimmy and I are spending time in the garden, working alongside the garden community and talking with them informally. I am carrying out interviews with some members of the garden community, who have indicated their willingness to do so. Instead of running participant workshops, Jimmy and I are sharing our notes with each other, and plan to share them with members of the garden community also, giving everyone a chance to feedback their impressions and responses, and enable the building of a rich, collaborative picture, of the experience of participating in the community garden, in which everyone is involved, although they may not all have been present in one room at any one time.