Day 1

|  |  |
| --- | --- |
| **1.45pm** | Arrival at venue |
| **2.15 - 3.45pm** | **Induction workshop** |
| **3.45-4.45pm** | **Decoration Set-Up** |

Day 2

|  |  |
| --- | --- |
| **9am-9.15am** | Meet & greet the main Care Home contact |
| **9.15am -9.45am** | Upswing team brief |
| **9.45am– 10.15am** | Briefing with Upswing and care home staff |
| **10.15am -  10.30am** | Arrival in the space |
| **10.30am – 11.30pm** | **Circus Workshop** |
| **12.00 - 1.00pm** | Lunch |
| **12.30 - 12.45pm** | Team Upswing catch up |
| **1.00pm-1.30pm** | Reset for performance |
| **1.30pm – 1.45pm** | Audience arrival |
| **1.45pm-2.00pm** | **Seated Performance** |
| **2.00pm-2.15pm** | Goodbye & Thank you / Audience exit |
| **2.15pm- 3.15pm** | Pack up |

Week one  
  
1: St Clare House   
  
Dates: 2nd – 3rd October 2017  
Type of care provider: Care home

|  |  |
| --- | --- |
| Key contact | Angela |
| Address | Bourne Street, Hull |
| Postcode | HU2 8AE |
| Phone number | 01482 229700 |

Dimensions of room: 7m x 7m (chairs around the edge of the room)  
  
Number of participants: 15  
  
Needs and abilities: A range of needs and abilities. Dementia. Some are verbally responsive – some are not. Mobility issues – some residents will not be able to move.   
  
Staff / participant ratio: 1/5

Routine;

* Lunch: 12pm
* Dinner: 4.30pm

2: Fernleigh Day Service   
  
Dates: 4TH – 5TH October  
Type of care provider: Day Centre

|  |  |
| --- | --- |
| Key contact | Barbara Wright |
| Address | Fernleigh Day Service, Waterloo Street, Hull |
| Postcode | HU2 9LG |
| Phone number | 01482 612 970 |

Dimensions of room:   
  
Number of participants:  
  
Needs and abilities:  
  
Staff / participant ratio:

Routine;

* Lunch: 12pm
* Transport leaves at 3

3: Rockliffe Court   
  
Dates: 6th – 7th October  
Type of care provider: Residential care

|  |  |
| --- | --- |
| Key contact | Joanne Bush |
| Address | 331-337 Anlaby Road, Hull |
| Postcode | HU2 2SA |
| Phone number | 01482 328227 |

Dimensions of room:   
  
Number of participants:  
  
Needs and abilities: Range of needs and abilities. They assist individuals with mental health and dementia.  
  
Staff / participant ratio:   
  
Routines:  
Lunch: 12.00pm – 1.00pm  
Dinner: 4.00pm – 5.00pm

Week two  
  
4: Buckingham Day Service  
Dates: 11TH – 12TH October

|  |  |
| --- | --- |
| Key contact | Barbara Wright |
| Address | Buckingham Street, Hull |
| Postcode | HU8 8UG |
| Phone number | 01482 612 960 |

Dimensions of room:   
  
Number of participants:  
  
Needs and abilities:  
  
Staff / participant ratio:

Routine;

* Lunch: 12 noon
* Transport leaves with service users at 3pm

5: Priory Drive - Please note slightly altered DAY 1 schedule. DAY 2 remains the same.   
  
Dates: 13th – 14th October  
Type of care service: Sheltered Housing

|  |  |
| --- | --- |
| Key contact | Joanne |
| Address | St Thomas Priory Drive, Priory Road, Hull |
| Postcode | HU5 5XT |
| Phone number | 01482 210842 |

Dimensions of room: 4m X 3m   
  
Number of participants: 20  
  
Needs and abilities: Very independent – this is an independent living facility. Residents take care of their own needs, and live a very active life. The centre employs minimal staff, who only take care of the residents if there is an emergency.   
  
Staff / participant ratio: 1/8

Routine;

* Lunch: N/A
* Dinner: N/A

Day 1

|  |  |
| --- | --- |
| **9.45pm** | Arrival at venue |
| **10.15 - 11.45pm** | **Induction workshop** |
| **11.45-12.45pm** | **Decoration Set-Up** |

Alexandra Court Care Centre – Please note the DAY 1 & DAY 2 activity is slightly different.

Dates: 13th October, 15th October

|  |  |
| --- | --- |
| Key contact |  |
| Address | 340 Southcoates Ln, Hull |
| Postcode | HU9 3TR |
| Phone number | 01482 376702 |

What kind of care provider: Residential & nursing

Dimensions of room:  
  
Participant numbers: 10   
  
Needs and abilities: wheelchairs, lots of dementia, also just residential – oldest is 103! (man eater!) lots of clients in 90s. Even if they aren’t physically able, they will be able to hear.   
  
Staff / participant ratio: 1/5

Routines:   
Lunch: 12pm  
Dinner: 5pm

DAY 1

|  |  |
| --- | --- |
| **2.00pm** | Arrival at venue |
| **2.00pm – 3.30pm** | **Induction workshop** |
|  | **NO SET UP TONIGHT** |

DAY 2

|  |  |
| --- | --- |
| **8am-8.15am** | Meet & greet the main Care Home contact |
| **8.15am - 8.45am** | Upswing team brief |
| **8.45am – 9.45am** | Set up space |
| **9.45am– 10.15am** | Briefing with Upswing and care home staff |
| **10.15am -  10.30am** | Arrival in the space |
| **10.30am – 11.30pm** | **Circus Workshop** |
| **12.00 - 1.00pm** | Lunch |
| **12.30 - 12.45pm** | Team Upswing catch up |
| **1.00pm-1.30pm** | Reset for performance |
| **1.30pm – 1.45pm** | Audience arrival |
| **1.45pm-2.00pm** | **Seated Performance** |
| **2.00pm-2.15pm** | Goodbye & Thank you / Audience exit |
| **2.15pm- 3.15pm** | Pack up |