Bio  
  
Creating for me is a very personal experience. I work autobiographically exploring my emotions through materials and found objects. I work in a variety of mediums not wanting to limit my experiences.   
I gained a B A in Contemporary Fine Art Practice at Hull School of Art and Design.  
  
Helga Gift   
  
  
Synopsis   
  
Pauline’s Gift Shop  
This installation is about reflection. My mother’s later years spent in this 8ft square space after a very active lifestyle. Reminiscing about her days filled with hunting and gathering. It’s about growing old, her body slowing down, letting her down, while her mind remained sharp and active. It’s about her interaction with those she met, the people who bought from her with a tale or advise thrown in for free.