

Migration, Art & Mental Health

Female migrants are invited to take part in a creative arts project exploring the impact of migration upon mental wellbeing, which may result in a local exhibit at a later date.

Three informal workshops, guided by local artist Lauren Saunders, encourage participants to share their experiences and feelings surrounding migration through artmaking.

The only requirements are that participants are **female** and that there is a **basic understanding of English** (translators are welcome – please explain upon registration) and participants can attend one or all of the sessions (dependant on space).

Mental Health support and information, as well as more information about local art groups and opportunities, will be made available on the day. All art materials and some refreshments will be provided.

All sessions will be held in the
Brynmor Jones Library,
University of Hull Campus, Cottingham
Road, Hull, HU6 7RX

Wednesday 9 August, 1 – 4pm, Room 4
Wednesday 23 August, 1 – 4pm, Room 3
Friday 25 August, 1 – 4pm, Room 4

If you would like to register for this great opportunity please email C.Beyer@hull.ac.uk or telephone **01482 466 342**

